



HJS SEND NEWSLETTER

Welcome to the half-termly Special Educational Needs and Disabilities (SEND) newsletter for Hillborough Junior School.

THIS MONTH'S TOPICS:

- Dyslexia information and support
- Diagnosis support pack for parents of pupils with ASD and ADHD
- Support groups for parents

WHAT IS DYSLEXIA?

Dyslexia is a learning difference which primarily affects reading and writing skills. However, it does not only affect these skills. Dyslexia is actually about information processing. Dyslexic people may have difficulty processing and remembering information they see and hear, which can affect learning and the acquisition of literacy skills. Dyslexia can also impact on other areas such as organisational skills.

It is important to remember that there are positives to thinking differently. Many dyslexic people show strengths in areas such as reasoning and in visual and creative fields.

DYSLEXIA SUPPORT

A great website to look at for information is the British Dyslexia Association.

<https://www.bdadyslexia.org.uk/>

They have lots of great resources and advice for parents.

Luton does not diagnose Dyslexia as a condition in schools, but there are other places that might be able to help you find out if your child has dyslexic tendencies. Try:

<http://www.southbedsda.org.uk/>



Some more great websites for Dyslexia support and to help your child at home:

The Dyslexia SpLD Trust - <http://www.thedyslexia-spldtrust.org.uk>

The Literacy Nest - <https://www.theliteracynest.com/2019/09/how-to-help-a-child-with-dyslexia-with-home-reading.html>

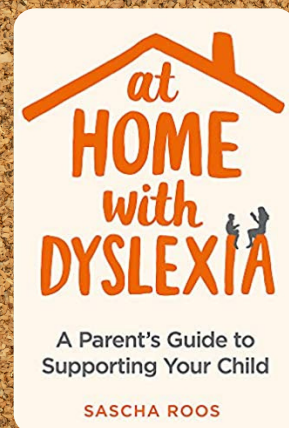
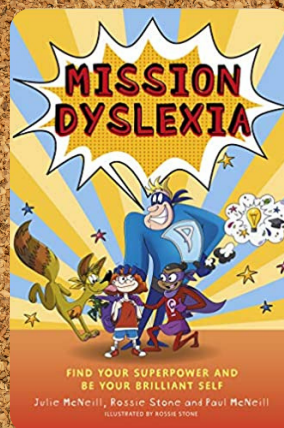
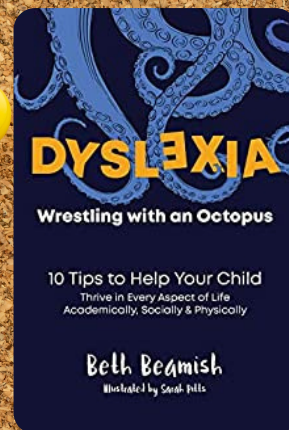
Nessy - <https://www.nessy.com/uk/parents/dyslexia-information/6-ways-parents-can-help-dyslexia/>

(Nessy also have a wonderful free E Book that can be used to help your child understand Dyslexia and what it means for them).

Dyslexia Assist - <https://dyslexia-assist.org.uk/for-parents/what-can-i-do-at-home-to-help-my-child/>



There are lots of great books about Dyslexia that will help children to understand what it means and to see that it isn't something to worry about. Here are a few suggestions.



FLAG MEETING DATES

All meetings are currently being held via zoom.

FLAG Autumn 2021 Meeting Dates:
Thursdays 4.30-5.30pm

21st October
4th November
18th November
2nd December
16th December

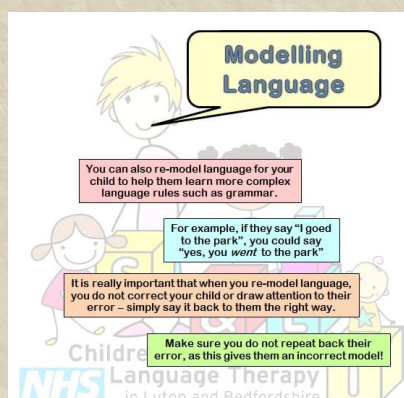


Search for 'Families in Luton Autism Group' to find their web page.

SPEECH AND LANGUAGE

There is a wonderful facebook group run by Children's Speech and Language Therapy in Luton and Bedfordshire that regularly puts up focussed information to help parents with speech and language development at home. The page is well worth following and will give you lots of practical advice, ideas and activities to try. Search for them on facebook and have a look!

Here are some ideas and information from the Children's Speech and Language Therapy in Luton and Bedfordshire facebook page



HOW TO MAKE SLIME

There are lots of sensory activities that you can do with your child at home. Why not try this recipe for making slime? While you're making it, talk about what you are doing, what it feels and looks like and can you could use it for.

Ingredients:

100ml PVA white glue (children's craft glue)
1/2 teaspoon of bicarbonate of soda
1 teaspoon contact lens cleaning solution
glitter (optional)
Gel food colouring



METHOD

1. Squeeze the glue into a mixing bowl (look for a bottle in a 100ml size if possible so you don't have to measure it out). Add the bicarbonate of soda and mix well.
2. Add a drop or two of your chosen gel food colouring. Less colouring gives a pastel, paler colour. The more you add, the brighter it will be. Mix well.
3. Add the contact lens solution and mix. The slime will begin to form, going stringy before coming away clean from the bowl into a ball.
4. Once it has formed, take it out and knead it with your hands. It will be sticky at first but after about 30 seconds you'll have a smooth ball. Add glitter at this point if you want to and work it in with your hands.
5. Store it in a pot with a lid.